

Dear Parent and Knight Football Player,

The Fairview staff would like to welcome you to the FAIRVIEW Knight program. The Knights are consistently among the elite 5A football programs in the state. This success is a result of extremely hard work performed by the entire football community.

Our community and their involvement in our success WILL BE based on the following:

- Players who are willing to invest time and effort both in-season and during the off-season.
- · Players who are willing to make sacrifices.
- An extremely high level of expectations from coaches and players.
- · A commitment of excellence throughout the program.
- Parents willing to donate time and resources for the success of the student athlete.

A key to the success of our program is the push for improvement. Your support and help are greatly appreciated.

The Knight Football manual is an outline of our program's expectations for your son and the football community. It was created to help clarify what it means and takes to play football for Fairview High School.

Please read through the manual with your son. If you have any questions, please call your son's coach and discuss your questions with him. After reading through the manual please sign and return to the football office by Aug I, 2018. I look forward to a fun, exciting, and rewarding season.

Sincerely,		
Tom McCartney		
Head Football Coach	Parent Signature	
Fairview High School		
G	Player Signature	

## Fairview Knight Football Manual

## Meet The Fairview Knights Coaching Staff

### **VARSITY COACHES:**

HEAD COACH / OFF COORDINATOR TOM MCCARTNEY

OFFENSIVE LINE PAUL LITWINETZ

WIDE RECEIVERS / STRENGTH COACH TOMMY FLANAGAN

WIDE RECEIVERS

RUNNING BACKS

VIDEO SCOUT

QUARTERBACKS

TIGHT ENDS

CRAIG HOELTGEN

BRIAN CLARK

DAVID WHITFIELD

DAVID THISTLE

AARON JONES

DEFENSIVE BACKS / COORDINATOR AARON HICKMAN

DEFENSIVE BACKS

DEFENSIVE LINE

DEFENSIVE LINE

DEFENSIVE LINE

LINEBACKERS

JOHN MICHAEL THISTLE

ROB VANDEPOL

RICK REICHSTEIN

BARRY REMINGTON

LINEBACKERS

LINEBACKERS

OL/DL

WR/DB

CONNOR EMBREE

WIDE RECEIVERS

BEN LEWIEN

JACK MADDEN

ANDY BARTON

CONNOR EMBREE

SAM MARTIN

WR / STRENGTH COACH DEVYNN HOFFMAN

#### JUNIOR VARSITY COACHES:

HEAD COACH

ASSISTANT COACH

ASSISTANT COACH

BILL STARK

CHRIS HUBER

DEVYN GRIMES

## **FRESHMEN COACHES:**

HEAD COACH JEFF COLVIN

ASSISTANT COACH ANDREW JOHNSON ASSISTANT COACH PHIL DESJARDINS ASSISTANT COACH DALE GREENWALD

#### **SPECIAL ASSISTANTS:**

VIDEO BOB WEISS

TRAINER PAUL LADUKE
GAME DAY PEACH PAGANO

## Parent's Responsibilities

There are four basic roles within the Knight Football program. It is very important that these roles do not get confused, because confusion will limit the program's opportunities for success. The roles are:

- **I. Players** the individuals who wear uniforms and play the games.
- **2.** <u>Coaches</u> the people who implement the philosophy and direct the team.
- 3. **Referees** the individuals who officiate and administrate the games.
- **4. Parents** the players' biggest fans THAT come to the games and cheer.

In order for our teams to have the greatest opportunity for success, these roles **must never be confused.** Players will not be allowed to referee, parents will not be allowed to coach, and coaches will not just come to games and cheer. One cannot and will not be allowed to perform the other's role.

Your son's coach will be more than willing to talk to you about the areas where your son needs to improve in order to become a better player. Under no circumstances will a coach ever discuss with a parent how much playing time an individual is receiving or who else is receiving playing time. Your son's coach is a professional in his field and has prepared many years to become proficient in the art of coaching. Just as a coach probably could not do the work of many professionals outside of education and coaching due to the lack of training or education, your experience cannot match those of your son's coach unless you have been in the exact position of your son's coach.

As experienced coaches we have both witnessed and been a part of situations where an individual (parent) has tried to unduly influence a coach in terms of playing time and/or philosophy. In the instances we have been involved with, the coach has stood behind a strong philosophy developed through years of experience and that had a track record of success. In virtually every case the player involved has been hurt through struggles and lost friendships with his peers. The vast majority of players understands their roles on the team and accepts them. Conflict often occurs when a parent cannot accept his or her son's role on the team. **Remember at all times, it is your son's game, not yours.** We realize it is not at all easy to watch your son not play.

It may be difficult for a parent to cheer for the team when their son is not playing. It takes a special young man, and a special parent to continue to be supportive and interested. All parents want their sons to succeed, but it is important to not interfere and not look for someone to blame if their son does not have the level of success that they had hoped for. And they need to remember that, when we tell them that their son is great on Tuesday and constructively criticize an action on Thursday, we're **the same coaches.** 

## Academics: The Parent - Coach Partnership

Your son's academic success is one of the main priorities of our program. As a coaching staff, we will assist you in monitoring your son's academic progress. Obviously the coaches cannot effectively monitor all the players' academic progress as closely as we would like. As a coaching staff we can assist you by:

- I. Offering mandatory study tables for your son before or after school.
- 2. Speaking directly to teachers concerning your son's progress.
- 3. Writing e-mails, letters, and making phone calls home communicating concerns.

4. Monitoring your son through weekly eligibility lists.

Ultimately it is your job as a parent to closely monitor your son's progress. We will assist you in any way possible. Most players struggle from poor time management, not lack of ability.

Most studies have proven that students who participate in extra- curricular activities have higher G.P.A. than those who do not participate, and that athletes specifically have a higher G.P.A. when in-season versus out of season.

## Fairview Football Study Table Policy

Your son must attend if a teacher turns him in for a borderline 'F' or an 'F'. This includes all classes. NOTE: FRESHMEN = LINK PROGRAM.

Study Table is held in the s.a.c. (Student Achievement Center).

Your son will no longer have to attend if the teacher writes coach McCartney a note stating that he is no longer in danger of failing the class.

Study Table rules are as follows:

- I. Bring something to work on.
- 2. Bring work for the class that you are failing.
- 3. If you do not have any work in that particular class, READ a book
- 4. No talking will be allowed.
- 5. No headsets or CD players OR IPODS will be allowed.
- 6. If you are late you will be subject to extra running after practice or during 'Dawn Patrol' (coach's decision).
- 7. You must be on time and follow the rules as stated. If a rule is violated, the player will be required to attend Dawn Patrol.
- 8. Coach Mac may require the student to attend the "SAC". Student Achievement Center is a study table during free periods.

## Fairview Football Player Responsibilities

Welcome to Knight Football! We are pleased that you have made the commitment to be a part of our football program. Fairview Knight Football is a program by which other programs are measured. It is our responsibility as coaches to assure that no one out-works, out-conditions, out-prepares, or out-hustles us each year. **It is your obligation** to give IOO percent attention and effort in practice so that as a team we may realize our greatest potential.

The following **expectation information** is broken down into four categories:

- I. off the field
- 2. Practice procedures
- 3. Game day procedures
- 4. Game procedures

### Off the field

**Public image;** the fact that you are a member of the Fairview Knights Football program automatically puts you in the spotlight. Youngsters, fans, peers, teachers, coaches, and people who may be antagonistic toward athletes closely monitor your actions. You are not only expected to follow the rules of Fairview High School, but also set a proper example at school and in the community.

**Punctuality;** Our program runs on 'Knight Time'. You are expected to be on time for all academic classes, scheduled meetings, games, etc. Being punctual displays respect for your teachers, administrators, and coaches, and shows your teammates how much you care about them and the team.

**Language;** Men of integrity do not have foul mouths. Profanity is a sign of immaturity, insecurity, and a lack of self-control. Learn to express yourself in an adult manner.

**Coaches Office;** the coach's door is always open if you have questions or problems. Please understand that it is not necessarily a lack of communication if we fail to agree on your position / playing time or that of another player on the team. Practice time will never be used to discuss philosophy or playing time.

## Practice policies & procedures

- I. be dressed in all practice gear and at the proper location at least 5 minutes before the assigned time.
- 2. If you need attention from the trainer, it is your responsibility to allow enough time to be treated and still be on the practice field at the assigned time.
- 3. Only coach McCartney excuses you from practice not the trainer, not you.
- 4. You must attend one of three major practices during the week or you cannot play in the game. Coach McCartney will consider special circumstances.
- 5. You must contact Coach McCartney if you are leaving school early due to illness or prearranged appointments. A parent must follow up with Coach McCartney to excuse the

- absence.
- 6. You should attempt to schedule appointments during free periods when possible to avoid missing practice.
- 7. Being late for practice, or if a teacher complains of your behavior or tardiness = I Dawn Patrol.

  The first unexcused absence = 2 Dawn Patrols. Two unexcused absences = player dismissal from the team.
- 8. Your parents can contact Coach McCartney to excuse absences at 720.561.5326.
- 9. No hats, jewelry, or boxers worn during practice.
- 10. Run; don't walk, from drill to drill.
- II. You may not wear your cleats inside the school.

**Managers;** Our team managers are working with you, **not for you.** They do not receive anything for their efforts except friendship and the satisfaction of belonging to the team. **Treat our managers with respect.** 

## Game Day procedures

- I. All players who will dress for the varsity game will wear the pre- determined attire on game day.
- 2. Those dressing for the varsity game will participate in the pre-game meal in the FHS cafeteria.
- 3. All players will participate in a pre-game meeting with their position coach.
- 4. All players are required to ride the BVSD bus to all games. Players must ride the bus back to the school unless they have a signed transportation waiver on file in the athletic office. If a player has a signed waiver and chooses not to ride home with the team, he must let the designated coach know of his intentions. Coaches can release a player only to his parents after the coach actually sees and converses with them AND PARENT SIGNS THE COACHES CLIPBOARD (JOHN MICHAEL THISTLE).

### Game procedures

**Opponents**; Fairview football players will not speak to players from the other team during the game.

**Officials;** Fairview football players cannot talk to the officials unless directed to do so by the official or coaches. Always address the officials as 'Sir'.

**Sideline decorum;** the way we act and look on the bench says a lot about our program. There will be no negative comments, baiting of opponents, or horseplay on the sideline or bench. Players on the sideline need to pay attention, focus on the game, and encourage and help their teammates whenever they can.

**Individuality;** Football is a team sport that does not lend itself to individuality. Therefore, nothing worn during games that bring attention to an individual will be allowed. Also, negative actions and/or unsportsmanlike conduct will not be tolerated. If you want to bring attention to yourself, do it with your teamwork, passion, and enthusiasm for the game.

## Freshman Team

The freshman team is for 9<sup>th</sup> graders. The players will be drilled daily on fundamentals, team play, and concepts of football. The boys will be involved in a program designed to prepare them mentally and physically for the move to junior varsity/varsity football. Program policy is that freshman will play freshman football unless they are capable of playing varsity football within the 2-deep roster.

## **Junior Varsity Team**

The junior varsity team is made up of sophomores and juniors. The junior varsity is the final stepping-stone, and is critical to the development of a solid varsity program. The junior varsity also plays the role of 'scout team' for the varsity; therefore competing at a high level and helping the varsity prepare for their next opponent.

## **Varsity Team**

The varsity team is made up of seniors and players the coaches believe to be the collective best players in the program. This level is reserved for those players who have successfully prepared themselves to represent Fairview High School Football. Being able to accept roles, give of yourself, serve your teammates, be unselfish, have great work ethic, maintain grade's, and attitude are all taken into account in determining which players will play varsity football.

OTHER TOPICS: SOCIAL MEDIA / RECRUITING / 15 yard penalty FAIRVIEW FOOTBALL HONOR CODE / OVERKNIGHT POLICY



# "The name and fame of Fairview"

Fight on ye Knights for victory, Fight on Ye Knights for fame,

The red and the white will never say die, For spirit always wins the game,

Shout out a cheer for old Fairview High, Let the world know why- WHY! We're proud of our school and praise it high, So fight... Fight, Fight, Fight