## **Boulder Valley Activity and Athletic** Participant Emergency Information and Permission All information is required prior to participation

Student Name:		Gender: ( 🗖 M or 📮 F)
Address:	City:	Zip:
Parent/Guardian (P/G) Name(s):		
Home Phone:	Student's D.O.B.:	Student's Age:
P/G #1 Phone (Day):	P/G #2 Phone (Day):	
P/G #1 Cell:	P/G #2 Cell:	
Parent/Guardian email address:		
School Currently Attending:		Grade:
Name of Insurance Company:	Group,	/ID#:
List two LOCAL people who will temporaril	y care for your student if you cannot be re	eached:
During The School Day		
1. Name:	Phone:	
2. Name:	Phone:	
After School Hours		
1. Name:	Phone:	
2. Name:	Phone:	
Family Doctor:	Phone:	
Address:	City:	
Family Dentist:	Phone:	
Address:	City:	
<b>HEALTH INFORMATION:</b> List any significant or on A.D.D., birth defect, diabetes, epilepsy, heart diseas treatment deemed necessary by physicians for any i will only be enforced when I cannot personally be co	e, vision or hearing problem, medications, etc.) I he Ilness or injury resulting from his/her athletic partic	reby give my consent for medical cipation. I understand this authorization

(PARENT/GUARDIAN SIGNATURE)

(DATE)

#### Activity Athletic Insurance Waiver

I understand that the Boulder Valley School District does not provide accident insurance for any student participating in school sponsored activity or athletic programming. *CHECK ONE*:

I do not have insurance and I will assume responsibility for payment of expenses incurred in the event of injury to my son/daughter.

Signed: \_\_\_\_\_

OR

(parent/guardian)

\*\* WARNING: By its nature, participation in athletics and activities including off-season conditioning, sport camps and clinics includes a risk of injury, which may range in severity from minor to long-term catastrophic.

Although serious injuries are not common in supervised sports activities, it is impossible to eliminate this risk. Participants can and have the responsibility to help reduce the chance of injury.

In addition, because of the frequent close proximity of players involved in athletics, there is a risk that a player(s) may become sick with COVID-19 (Coronavirus). To reduce potential exposure players must:

(1) Comply with all COVID-19 related rules and guidelines as posted or directed by staff including but not limited to:

- social distancing before, during and after workouts,
- wearing of masks,
- arrival to and departure from campus per assigned schedule,
- participation in screening process by honesty and accurately providing responses to screening statements,
- (2) Follow all sport specific safety rules
- (3) Follow requests while participating in conditioning program
- (3) Report all physical problems to their coaches <u>or</u> athletic trainers immediately

(4) inspect their individual and school issued equipment daily.

Failure to comply with directions from an adult can result in removal from all current and future sports activities. By signing this permission form, I acknowledge reading and understanding this warning and the risks assumed.

I hereby give my consent for \_\_\_\_\_(name) to participate in athletic/activities sponsored by Boulder Valley School District.

Signed: \_\_\_\_\_

Date:\_\_\_\_\_

Date:

Date:

(parent/guardian)

Signed: \_\_\_\_\_

(student participant)

## **Boulder Valley Activity and Athletic** Participant Emergency Information and Permission All information is required prior to participation

Student Name:		Gender: ( 🗖 M or 📮 F)
Address:	City:	Zip:
Parent/Guardian (P/G) Name(s):		
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Parent/Guardian email address:		
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1. Name:	Phone:	
2. Name:	Phone:	
Family Doctor:	Phone:	
Address:	City:	
Family Dentist:	Phone:	
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(PARENT/GUARDIAN SIGNATURE)

(DATE)

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OR

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Signed: \_\_\_\_\_

Date:\_\_\_\_\_

Date:

Date:

(parent/guardian)

Signed: \_\_\_\_\_

(student participant)



Boulder Valley School District File: IGDJA Adopted: December 9, 1982 Revised: October 27, 2020

Associated Regulation: IGDJA-R Associated Exhibits: IGDJA-E1

#### INTERSCHOLASTIC ATHLETICS AND EXTRACURRICULAR ACTIVITIES

Athletics and extracurricular activities encourage students to engage in their education, achieve their maximum potential, and build discipline and character. Participants represent not only themselves, but the students, faculty, and their entire school communities. Participation in interscholastic athletics and extracurricular activities is a privilege subject to compliance with the School District's Policies and practices.

All student athletes and participants in extracurricular activities are bound by the School District's Student Code of Conduct, including the prohibitions on sexual harassment and sexual violence. Also, the School District has adopted the following additional rules and regulations:

- 1. Participants may be required to pass a physical examination as appropriate to the activity.
- 2. Participants shall maintain appropriate standards of academic performance and class attendance.
- 3. Participants will abide by general school and community principles of good sportsmanship and conduct.

All students who participate in interscholastic athletics and extracurricular activities must sign an acknowledgement of the requirements to participate, preferably when they first participate in athletics or activities. Regardless of whether a student has signed the acknowledgment, any student who participates in interscholastic athletics or extracurricular activities is subject to this Policy. All coaches and activity supervisors are encouraged to review the Policy and expectations with the students at the beginning of the season or activity.

### **Disciplinary Procedures**

Students alleged to have violated the School District's Code of Conduct or any of the additional expectations included in this Policy shall be subject to appropriate disciplinary sanctions. Investigations shall be conducted by the Principal or appropriate school administration or as otherwise required by law or policy. Depending on the nature of the allegation, the School may restrict the student's participation in the athletic or extracurricular activity until the investigation is complete. An investigation will include an opportunity for students to present

their side of the story. This does not include the right to secure counsel, to confront and crossexamine witnesses, or to call witnesses.

The determination to impose sanctions related to participation in interscholastic athletics or extracurricular activities and the nature of the sanctions to be imposed shall be made by the Principal. The school will provide appropriate notice of any sanction to the student and parent(s).

#### **Application of Policy**

A student is subject to this Policy throughout the season of the sport or duration of the activity. In addition, sanctions may be imposed for serious and substantial violations occurring at any time during the school year, on or off campus, and, where deemed appropriate, while school is not in session.

#### Miscellaneous

Nothing contained in this Policy shall be deemed to prohibit a coach or activity sponsor from establishing and enforcing additional rules appropriate and applicable to the activity, and other matters relating to the functioning of the team or group. It is anticipated that minor violations--meaning only those that do not constitute a violation of the School District's Code of Conduct or this Policy--may be handled directly by the coach or activity sponsor after conferring with the Athletic Director and/or the appropriate School District administrator.

#### End of File: IGDJA



Boulder Valley School District File: IGDJA-E1 Adopted: December 9, 1982 Revised: October 27, 2020

### INTERSCHOLASTIC ATHLETIC AND EXTRACURRICULAR ACTIVITIES POLICY ACKNOWLEDGMENT

I,\_\_\_\_\_, desire to be a participant in the BoulderValley School District's interscholastic athletic and extracurricular activities programs. My signature acknowledges the following:

- 1. I have read and understand this Policy, including the Student Code of Conduct, and agree to comply with it.
- 2. I understand these expectations are in place throughout my participation in interscholastic athletics and extracurricular activities.
- 3. I reside in the attendance area for the school listed above, or I have received permission from appropriate school authorities to attend a school or participate in athletics or activities in a school not in the attendance area of my residence.
- 4. I hereby authorize transportation to and from scheduled events on school vehicles or private vehicles in accordance with the School District policy and regulation for Field Trips (IICA and IICA-R).

Student's signature

Date

Parent's signature

Date

End of File: IGDJA-E1



# <u>Per Bylaw 1720.1</u>, parents and participants must be informed, understand, and acknowledge basic CHSAA eligibility rules and they must acknowledge the risk of participation. This acknowledgement must be kept on file with the school.

A student's participation in high school activities is dependent on his/her eligibility. Protect that eligibility. Read the following summary of Colorado High School Activities Association rules that govern a student's participation. Students and parents alike need to review these rules and ask questions of their coaches/directors, athletic director and school administrators. If a student has any questions, he/she should seek the answers before participating by going first to the coach or athletic director.

\*\*Please review the following information and acknowledge your understanding of the CHSAA Bylaws by signing at the end and submitting to your School's Athletic Director. *Click the blue underlined links to be directed to the CHSAA Bylaws.* 

#### The CHSAA

The Colorado High School Activities Association has been the governing body of high school athletics and activities (speech, student council and music) in our state since 1921. <u>Our Code of Ethics is integral to our Mission and Vision</u>. The student's school is a voluntary member of the CHSAA and has agreed to follow its rules. Both your school and the Association believe in equal competition among schools and the close relationship between academics and activities.

#### I. <u>Discrimination (300)</u>

A student-participant will not participate in or condone unfair discriminatory practices against a fellow participant due to age, gender, race, ethnicity, religion, sexual orientation, or disability, nor shall the student be discriminated against under the same criteria.

#### II. Hazing & Bullying (1710.2)

As a student-participant, I will not be the organizer of, or participant in an activity constituting hazing. Hazing is defined as any conduct or method of initiation, whether on public or private property, which willfully or recklessly endangers the physical or mental health of any student or other person. Such conduct shall include but is not limited to whipping, beating, branding, forced behaviors involving, food, alcohol, drugs or other substances, destruction of property, and/or brutal treatment or forced physical/sexual activity which is likely to adversely affect the physical health or safety of the student or any other person.

#### The CHSAA Rules of Participation

#### 1. Academic (1710)

A school must select one of three options for determining the eligibility of all its students, and schools have the right to impose stricter standards.

#### 2. Make-up Work (1740)

Each student must be academically eligible in accordance with the above section at the time of participation and during the previous semester. Make up work shall not be permitted after the close of the semester for the purpose of becoming eligible. (Cases involving special circumstances should be referred to your principal.)

If eligibility has been lost from a previous semester, students may regain their athletic eligibility for Fall 2014 on October 9 and for Spring 2014 on March 6 by meeting the respective eligibility requirements above.

Summer school credits accepted by the school may be used to replace credits in subjects failed during previous semesters.

Dropping a class may make you ineligible. If you play while ineligible, you may cause your team to forfeit any contests in which you played.

#### 3. <u>Citizenship (1710)</u>

The school principal must approve the student to be a representative of the school's standards of citizenship, conduct and sportsmanship.

#### 4. Conduct – Ejections (2200)

If a student is ejected from a contest for unsportsmanlike conduct, he/she will be ineligible for the next scheduled match or contest played at that level including qualifying and state contests. The student may not participate in any contests at any other level during this period. For the season, the student will be permitted to compete in one fewer contest than the maximum allowed each participant in the sport.

A second ejection during the season shall result in a 2 contest suspension. A third ejection will result in a review of the student's future eligibility by the CHSAA Commissioner.



# CHSAA BYLAWS – PARENT & STUDENT INFORMATION

If a student is ejected in the final contest of a season, he/she is ineligible for the first contest of the next sport in which he/she competes and completes the season. Players leaving the bench during a fight shall be ejected and ineligible for the next contest.

#### 5. Outside Competition (2100)

As a member of any high school team, a student may practice or compete in that sport during that sport season in a nonschool event with prior written permission of the principal.

Members of high school teams may compete in non-school events in that sport without written permission on the day following the completion of the season for the level (freshman, sophomore, junior varsity, varsity) of the team on which they are competing. NOTE: A student becomes subject to the outside competition rule on or after the first date of formal practice, when he or she reports out for practice and is in contention for a berth on the team.

#### 6. Undergraduate (1710)

A student may not be a graduate of any high school and participate in high school athletics.

#### 7. <u>Recruiting (1810)</u>

Any recruiting based on athletic ability or interest is prohibited.

#### 8. Age (1770)

A student's 19th birthday must fall on or after August 1 of the current school year. Exceptions to this rule, based on educational handicaps, may be requested, provided the student's original class has not graduated.

#### 9. Semesters (1770.2)

Upon entering high school, a student's eligibility will continue only until his/her original class graduates. Once entering ninth grade, a student has eight consecutive semesters of eligibility. NOTE: If a student drops out of school or misses competition due to an injury, he/she will not receive additional eligibility.

#### 10. Seasons (1700.2)

A student is allowed a maximum of 4 seasons in any sport.

#### 11. Physical Exam (1780)

A student may not practice or compete (music, student council and speech participants are exempt) without a physical exam that is:

• Signed by an MD, DO, chiropractor who is school physical certified (DC, SPC), nurse practitioner or physician's assistant licensed by the State of Colorado.

Current within the last 12 months.

• On file with principal or athletic director prior to first practice.

#### 12. Practice (2310)

A total of 5 different days of practice is required before participating in any interscholastic game or scrimmage (except football which needs 9 days). OTHER EXCEPTIONS: (A) Golf, skiing, softball and tennis players. (B) Participants in state playoff games completed on or after the first day of formal practice.

No contact between a coach and player is allowed on Sundays during the school year unless it is for a social, academic or service related activity that is strictly voluntary. A student cannot be required to practice or compete outside of the season as a condition of making the team.

#### 13. Transfer Rule (1800)

A student who participates in a formal practice at the beginning of the school year and then transfers without a parental move will be ineligible for varsity competition for the remainder of that sports season.

#### Athletic Transfer (1800.6)

Any transfer substantially motivated by athletic considerations will cause the student to be ineligible for varsity competition for one calendar year from the date of the transfer in any sport(s) they participated in during the twelve months prior to the transfer.

#### <u>Summer Transfer (1800.5)</u>

A transfer from one high school to another during the summer without a permanent change of domicile by the student and his/her family to the attendance area of the new school will render the student ineligible for varsity competition for the first half of the season in any sport in which the student competed during the previous 12 months. The student may practice with the team and play at the subvarsity level during this period of restricted participation.

#### Mid-year Transfer (1800.6)

A student who transfers after the start of the school year without an accompanying family move shall:

- Have restricted (sub-varsity) eligibility for the remainder of that school year in sports played in the last 12 months.
- In the next school year, the student will have only sub-varsity eligibility for the first 50% of the season in those sports played 12 months prior to the move



# CHSAA BYLAWS – PARENT & STUDENT INFORMATION

#### <u>Transfer with Club Coach or Previous Coach (1800.6)</u>

A student transferring or moving for any reason to a new school where the student's non-school coach is also a coach of the school team, is considered to be attending for athletic purposes. The student, as a result of this transfer, will be ineligible for varsity competition for one calendar year from the date of the transfer in any sport(s) they participated in during the twelve months prior to the transfer. If a student transfers to a school where his/her previous coach is a coach of the current school team, that move will be deemed motivated by athletic consideration.

As used in this Rule, the coach may be a former school coach or non-school coach and the term "coach" includes any person who coaches, volunteers (regardless of compensation) or assists in any capacity with the coaching or training of the school or non-school team.

#### - General Transfer Information (1800)

It is the student's responsibility to know the CHSAA Transfer Rule and how it affects that student's eligibility. The CHSAA Commissioner may grant exceptions to this rule in unusual cases. Only schools may submit a waiver. If a waiver of the transfer rule is requested, the student is not eligible until the waiver is approved by the CHSAA Commissioner. Transfer cases involving separation and/or divorce proceedings should be reviewed with the school administration.

#### 15. Awards (2010)

Individuals participating in any interscholastic athletic/activity sponsored and/or approved by the Association shall not

accept cash or merchandise awards. Awards must be symbolic in nature with no functional or intrinsic value with a cost of no more than \$50.00.

#### 16. Amateur (2000)

If a student participates in a CHSAA approved sport, in other than CHSAA competition, his/her amateur status is determined by the rules of the amateur governing body of that sport. Amateur status of Colorado high school athletes applies only to sports sanctioned by the CHSAA.

#### 17. Bullying & Hazing (1710.2)

The Colorado High School Activities Association, in conjunction with its member school, prohibits bullying, hazing, intimidation or threats. Hazing includes humiliation tactics, forced social isolation, verbal or emotional abuse, forced or excessive consumption of food or liquids, or any activity that requires a student to engage in illegal activity. I understand that hazing of any type is not permitted in any CHSAA sanctioned activity. I will not engage in any of the prohibited conduct. I further understand that it is my responsibility to immediately report any acts of hazing that I become aware of to a sponsor, teacher, counselor, school support staff, coach or administrator in my school.

After reviewing the above information, if you still have questions, please contact your school's athletic director. This list is by no means inclusive; however, it is intended to outline the most common questions and bylaws. For more information, please visit our website CHSAANow.com.

#### **Checklist for Student Eligibility**

If a student cannot check any of the items, he/she needs to contact the athletic director or principal.

- [ ] At least 5 full credit classes.
- [] (Choose 1) <u>Option A</u> (Failing no more than one class) <u>Option B</u> (Passing a minimum of 5 full-credit classes) <u>Option C</u> (Approved alternate academic program) Complied with first two items last semester.
- [ ] Physical exam within the last calendar year.
- [ ] Parent permit form on file at the school.
- [ ] Have not changed schools during the current school year without a corresponding move by parents.
- [] Will not or have not turned 19 before August 1.
  [] Has not been in high school longer than 8 consecutive semesters.
- [] Will not play more than 4 seasons in any sport.
- [] Will not compete or practice in any non-school

events in my sport once reporting out for the team, without the permission of my principal.

[ ] Has complied with all other school, district, and local eligibility requirements.

I have read and understand the CHSAA Eligibility Rules as documented here as well as specifically read in the CHSAA Bylaws. I understand and acknowledge the inherent risks of participating in Athletics and by signing this acknowledgement, I affirm my responsibility to prevent and report hazing. I also understand that any violation of this could result in school or team consequences that could include dismissal from the activity or further disciplinary consequences and/or referral to law enforcement.

Signed:

(Parent)

(Participant)

(School)

(Date)



## **Athletic Registration: Student Physical**

- Each athlete is required to submit a physical which states they are fit for participation in interscholastic athletics.
- A physical is good for 1 year from the date of exam and doctor signature.
- Concussions: If the students sustain a concussion, they are required to complete the BVSD approved Return to Play Protocol prior to returning to participation with the team.
  - Concussions are very serious. A student suffering a concussion within the school setting *or outside of school* must report the injury to the athletic director, coach or athletic trainer prior to participating in any manner.
  - Boulder Valley School District has Brain Injury Response teams (BIRT) to support BVSD students and families in place at each school, PK-12.
  - The athlete, their parent/guardian(s), family members, coaches and medical personnel are partners in supporting and monitoring a student's recovery. Collaboration is critical to a student's safe return to school and participation.
  - BVSD has Return to Academics and Return to Participation protocols in place to support the student and family throughout the recovery process.
    - When a student suffers a concussion which warrants separation from academic or physical participation, the student will complete the return to academics protocol first. Return to participation *follows* the return to academic process.
    - Medical permission is required to prior to the student-athlete's resuming participation.
    - Academic accommodations related to the concussion must be deemed no longer necessary prior to returning to athletic participation.
    - Once determined eligible to begin the return to participation protocol, movement through it will be monitored by the athletic trainer.
  - The parent and athlete are critical for a healthy and safe return to play. However, they may not unilaterally exempt the student from the return to participation protocol.
- If a student receives a positive COVID test.
  - Information is still emerging about the impact covid on has on long term health and well-being; especially for the PK-12 students. The student may be required to submit a formal permission to return to play from their doctor.
  - Parents are strongly encouraged to consult with their doctor, medical experts and other resources about the potential long-term impact of covid on student-athlete development prior to returning to participation.
  - As information develops, BVSD may establish return protocols.

Physical Date:	 Doctor's Name: (Print)	

I have reviewed the information provided above

(parent signature)

(date)

